



# HSD

**Hochschule Düsseldorf**  
University of Applied Sciences

# SK

**Faculty of Social Sciences  
and Cultural Studies**

**Master of Arts**

**Social Work and Pedagogy with a Focus on**

# **Psychosocial Counselling**

## **Profile**

Psychosocial counselling includes both formal and informal processes of professional communication, which focus on promoting and strengthening people's personal and social resources.

Psychosocial counselling is therefore essential task and key competence in many professional fields of social work and early childhood education. The study programme deepens practice-oriented knowledge acquired in a bachelor's programme, in professional practice and potentially also in specific trainings. It also focusses on reflective competences, which are especially important in psychosocial counselling.

Consequently, our approach in the master's programme is to combine counselling practice with counselling research.

In accordance with the spirit of a university of applied sciences, you study different topics of psychological counselling in theory and practice. Thus, as a graduate, you will have both a research as well as a (counselling) practice orientation.

**Please note:** The language of instruction is mainly German.

## Career Options

The study programme teaches you competences for various areas: counselling for clients of any age as well as their relatives or even work in counselling research.

It aims at all professional fields which include psychosocial counselling, e.g.

- institutions which provide explicit or implicit counselling services (e.g. open childhood and youth work, counselling for parents, work with older people)
- counselling in cooperation with families in family centres and family education centres, day care for children, all-day schools and in the context of open childhood and youth work
- school social work
- psychosocial counselling services
- social psychiatric and sociotherapeutic facilities
- private and freelance counselling services

You could also work in institutions involved in counselling research and evaluation – e.g. in universities and institutes researching psychosocial counselling.

In addition, this degree qualifies you for admission to further training in child and adolescent psychotherapy.

## Admission Requirements

Please check if you meet all requirements for admission to the study programme. Further information:

[soz-kult.hs-duesseldorf.de/mpb-en](http://soz-kult.hs-duesseldorf.de/mpb-en)

# SYLLABUS

## SEMESTER 1

- Interdisciplinary Fundamentals of Counselling
- Psychosocial and Clinical Diagnostics
- Counselling Techniques and Strategies
- Research on Counselling Practice
- Self-Reflection and Self-Awareness Training

## SEMESTER 2

- Legal Issues in Specific Counselling Contexts
- Counselling Techniques and Strategies
- Supervised Counselling in Practice
- Research on Counselling Practice
- Personality Development and Ethics

## SEMESTER 3

- Supervised Counselling in Practice
- Research on Counselling Practice and Quality Management
- Master's Thesis
- Colloquium

Please check the module manual (currently in German only) for detailed information on the contents of the study programme.

## Further Information

### Faculty contact:

Study programme director  
[master-pb@hs-duesseldorf.de](mailto:master-pb@hs-duesseldorf.de)

About the programme, admission requirements and application:

[soz-kult.hs-duesseldorf.de/mpb-en](http://soz-kult.hs-duesseldorf.de/mpb-en)

HSD on social media  
[facebook.de/hsduesseldorf](https://facebook.de/hsduesseldorf)  
[instagram.com/hsduesseldorf](https://instagram.com/hsduesseldorf)

## Get in Touch

### Admissions Office

[zulassung@hs-duesseldorf.de](mailto:zulassung@hs-duesseldorf.de)  
[hs-duesseldorf.de/zulassungsstelle](http://hs-duesseldorf.de/zulassungsstelle) (in German only)

### Student Advisory and Counselling Service (ZSB)

[studienberatung@hs-duesseldorf.de](mailto:studienberatung@hs-duesseldorf.de)  
[hs-duesseldorf.de/zsb-en](http://hs-duesseldorf.de/zsb-en)

### International Office (IO)

[international-office@hs-duesseldorf.de](mailto:international-office@hs-duesseldorf.de)  
[hs-duesseldorf.de/io-en](http://hs-duesseldorf.de/io-en)

### Family Support Centre

[familienbuero@hs-duesseldorf.de](mailto:familienbuero@hs-duesseldorf.de)  
[hs-duesseldorf.de/fam-en](http://hs-duesseldorf.de/fam-en)

### Disability Services (ABS)

[barrierefrei@hs-duesseldorf.de](mailto:barrierefrei@hs-duesseldorf.de)  
[hs-duesseldorf.de/abs-en](http://hs-duesseldorf.de/abs-en)

### Psychological Counselling Service (PSB)

[info.psb@hs-duesseldorf.de](mailto:info.psb@hs-duesseldorf.de)  
[hs-duesseldorf.de/psb-en](http://hs-duesseldorf.de/psb-en)

## HSD Invites You

Visit us! Join courses during our yearly trial week (*Schnupperstudium*) and attend our information events (e.g. *Tag der offenen Tür*, *Hochschulinformationstage*, *Wochen der Studienorientierung*).

Information on all events (in German only):  
[www.hs-duesseldorf.de/zsb\\_veranstaltungen](http://www.hs-duesseldorf.de/zsb_veranstaltungen)

Publisher: Hochschule Düsseldorf – University of Applied Sciences  
Student Advisory and Counselling Service (ZSB)  
in cooperation with the Department of Communication and Marketing  
and the Department of Strategy and Innovation  
Last updated: April 2020